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Newsletter



Winter 2018-2019

The life of a young person in Tang Soo Do

Last time, we took an intriguing look at the instructors of Tang Soo Do. I thought it would be interesting to look at things from the other end of the scale, from those who aren't as experienced or yet as wise. I asked some youngsters of our Martial Arts family about their experience so far in Tang Soo Do.

Answers were provided by:

- ✚ Cameron Jones, 11 years old, 3rd gup (red belt, no tags):
- ✚ Remoshan Renald, 12 years old, 5th gup (green belt):
- ✚ Max Anwer, 9 years old, 8th gup (yellow belt):
- ✚ Dexter Jones, 8 years old, 10th gup (white belt):
- ✚ Michael Savage, 6 years old, White belt (Tigers):

How did you first find out about Tang Soo Do?

- Cameron: Dad used to train and knew Master Dove about 30 years ago.
Remoshan: Can't quite recall, but is enjoying the experience.
Max: Letter was being handed out at Bawnmore Infants and wanted to give it a try.
Dexter: Dad used to train and knew Master Dove about 30 years ago.
Michael: Saw the class when he came swimming and his interest peaked.

How long have you been coming to Master Dove's Tang Soo Do classes?

- Cameron: 5 years
Remoshan: 5 years
Max: About 3 years
Dexter: 3 years
Michael: 3 months

Why did you want to join Master Dove's Tang Soo Do classes?

- Cameron: Would like to learn self-defence, and wanted to follow in Dad's footsteps.
Remoshan: Joined for fitness purposes.
Max: Was interested in self-defence and fitness.
Dexter: Wanted to join his brother (Cameron), and because his Dad recommended it.
Michael: Mum recommended, thought it would be a "good disciplinary learning curb".



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What do you like best about Tang Soo Do?

- Cameron: Enjoys learning the material and self-defence the most.
Remoshan: No particular favourite aspect – enjoys everything.
Max: Favourite part of the class is sparring.
Dexter: Likes achieving the goals he sets himself in all areas of Tang Soo Do.
Michael: Enjoys running activities the most.

What are you looking forward to achieving?

- Cameron: Aiming for a black belt.
Remoshan: Aiming for a red belt by the end of the year.
Max: Wants to become an instructor.
Dexter: Like brother Cameron, would like to aim for a black belt.
Michael: Enjoying the class, no real goal at the moment.

Thank you to our younger members for sharing what they enjoy about Master Dove's Tang Soo Do class.

Tigers and Dragons Belt Test December 2018

On the 15th December 2018, a Gup Grading was held at the Diamond Jubilee Centre Rugby. This was a very successful event that ended with many leaving with a new rank. The Tiger's ferocity matched their emblem, maybe even exceeded it. The family class, although there were nerves, was also a big success with a number of stand-outs truly earning their new belts.

Thoughts from behind the bench:

Tiger's Belt Test Grading

Miss Chovansova (Black Belt 3rd Dan, and judge):

I think it was very successful day. The Tigers did a great job, it was full of energy and great fun. Our young members set the bar high with their hard work.

Miss O'Mahoney (Black Belt 3rd Dan, and judge):

The grading held on the 15th December 2018 was all in all very successful. From the tigers we saw a lot of energy and effort which served as a great representation of the spirit of Tang Soo Do.





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Family class (Dragons) Belt Test Grading

Miss Chovansova:

The Family class grading was very successful but I would encourage more vocal and physical energy next time. Some members in higher grades need to show they are not afraid to respond and show their presence. We have many young talents in the group who will continue to improve. Well done.

Miss O'Mahoney:

During the dragon's and adult's grading, there were some exceptional candidates. Although at times the nerves in the room were evident, there were a few that really stood out to earn their new belt. Congratulations to all that took part.



Highlight

Mr Hewings:

For me, the highlight of the event was the jumping side kick board breaking. The dragons showed good bravery by volunteering to be jumped over as did the Red belt candidates by rising to the non-standard grading challenge.

Point of view of parent (Tiger's)

Congratulations to all that passed, you all deserved it, including Olivia. I have a view of the test from Olivia's Mum, which perfectly demonstrates what parents see, that the instructors and other members may not:

"Anyone that knows Olivia, knows how much she struggles with her confidence, she has had more than her fair share of knock downs in her little life. But Tang Soo Do has been the one thing I have pushed her at. And here is the reason -

I've seen her confidence grow weekly, I've seen her stand up for herself, to push herself and to believe in herself. You are invincible baby girl, never let anyone make you feel otherwise. I was undoubtedly the proudest mother in the room today."

Lisa-Marie (Olivia's Mum).



Congratulations Olivia!



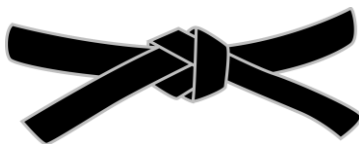


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Black Belt Classes



Miss Chovansova and Miss
O'Mahoney have forwarded these
dates for Black Belt classes:



20th of April, 2pm -5pm in Welton (Welton village Hall, High St, Daventry NN11 2JP)

11th of May, 1pm -4pm in Market Harborough (Robert Smyth Academy, Burnmill Rd, Market Harborough LE16 7JG)

Tigers and Family Class Gradings

Saturday 15TH June 1-2 pm TSD Tigers 2:30 – 4 pm Dragon and Adults.

Saturday 14TH September 1-2 pm TSD Tigers 2:30 – 4 pm Dragon and Adults.

Saturday 14TH December 1-2 pm TSD Tigers 2:30 – 4 pm Dragon and Adults.

Black Belt Dan Day

Saturday March 30th 1:30 – 6:30 pm. RHS
Longrood road, Rugby CV22 7RE.

SHK Invitational Championships

Saturday November 9th 2pm – 6pm RHS
Longrood road, Rugby CV22 7RE.

Miss Chovansova's Class

Miss Chovansova has set up a new class in Market Harborough which runs every Sunday from 10am until 11am. I would highly encourage anyone who lives in the area or is nearby to check it out, or recommend it to a friend. The address is:

Robert Smyth Academy,
Burnmill Road,
Market Harborough,
Leicestershire,
LE16 7JG



Mr Tuffin's Class

Mr Tuffin runs a class in Leamington Spa at the Newbold Comyn Leisure Centre from 10am until 11am. This is a great venue, please check out Mr Tuffin's class if you live nearby, and let friends and colleagues know too. The address is:

Newbold Terrace E,
Leamington Spa,
CV32 4EW





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Joyful Union

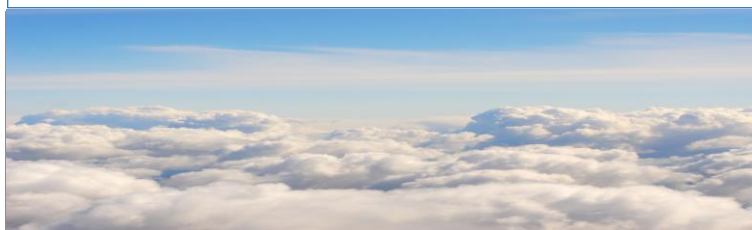
Mrs Reeves told me that one of her daughters, Natasha, who is also a black belt in Tang Soo Do, will marry Mr Daniel Garrow. The two met at the university of Reading in their 2nd year and have now been together for 7 years. They have been engaged for 18 months.

I was told that Daniel proposed after believing he had finished all the household chores!! The ring is a stylish silver ring with a beautiful diamond.

The Wedding date is 16th March 2019, and they are planning a fantastic honeymoon in Mexico.



From all of us at Tang Soo Do, congratulations!



Sky High

Mrs Reeves is one of our long serving students, attending classes for 13 years and achieving her current rank of Black Belt 3rd Dan in October 2017. I would like to commend her for her dedication and achievement. She is now learning new material including breathing and relaxation techniques. Mrs Reeves told me that she enjoys coming to class and is able to enjoy the material and the challenge even during times of slight ill health or injury.

When I asked about how it feels to get this far, she stated "It feels really good and is an amazing achievement to get this far". Her advice to others is to "keep going no matter what, because with determination anyone can achieve their goals".

Well done Mrs Reeves, this is something we can all aspire to achieve

Priority visit



Master McCoy (far right) and Mrs McCoy (far left) with Grandmaster Khalid (centre).

Saenghwah Hohup Kwan Tang Soo Do Federation TAC (Technical Advisory Committee) Member Master Robert McCoy flew from his Kansas home to Arizona to visit Grandmaster Khalid this month. Master and Mrs McCoy enjoyed Chi-gong training over a two day period at the UTA Headquarters in Glendale, Grandmaster Khalid's own DoJang.



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Supreme Skiing

On the 29th December 2018, William Harvey went skiing with his family at the La Clusaz Ski area in the French Alps.



He was very excited as he loves skiing. They learnt last year and have loved it ever since. William finds it easy now, although he would like to improve his technique of parallel turning. The most enjoyable part of the holiday was Skiing all day every day and pushing himself to do harder slopes.

They had a great time and William absolutely loved it, which is why the least enjoyable part was when they had to come off the mountain. Hopefully they will go next winter. This is a holiday that they would absolutely recommend.



Sounds like you had a great time, what a great location.

Developments of old

New Job...Again!



On 17th December 2018, Richard Davies (1st Gup) landed a new job in administration. He now works in the NHS central office for paediatricians, handling referrals. He is enjoying his new job which is a much more manageable commute for him.

Well done Richard. Sounds like you will settle into this one!

Allianz Aligned



Last year I reported that Mr O'Hagen started a finance apprenticeship with Perry Appleton Group. This year it got a little boost. His boss chose him to take part in a one-day training course with Allianz insurance. It was an introduction to commercial insurance and SME (small and medium sized enterprises). The topics involved included the difference between package and combined policies and what they offer customers. He took this opportunity as it was a chance to deepen his understanding of this side of the business. He found it Highly interesting and very enjoyable.

Edited by Mr Webster. If you have anyone has any news, please do not hesitate to email me on webster14202@gmail.com

SAENGHWAL HOHUP KWAN TANG SOO DO FEDERATION